



Agenda

Notice of a public meeting of

Young People Overview and Scrutiny Committee

PLEASE NOTE VENUE

To: Councillors Barbara Brodigan (Chair), Heather Phillips (Vice-Chair), Alyson Baker, Bridget Fortune, Stephanie Duckett, Nathan Hull, David Jeffels, Janet Jefferson, Tom Jones, Cliff Lunn, John Mann, Kirsty Poskitt, John Ritchie, Mike Schofield, Dave Whitfield, Peter Wilkinson

Non Councillor Members: Tom Cavell-Taylor, Emma Higgins, Anna Kirkham, Stephen Maltby, David Sharp, Andrew Smith, Ross Strachan and David Watson.

Date: Friday, 2nd September, 2022

Time: 10.00 am

Venue: Hambleton District Council, Civic Centre, Stone Cross, Rotary Way, Northallerton, DL6 2UU

PLEASE NOTE:

This meeting is being held as an in-person meeting and in public. The Government position is that of learning to live with COVID-19, removing domestic restrictions while encouraging safer behaviours through public health advice. In view of this, hand cleanser and masks will be available for attendees upon request. The Committee Room will be well ventilated and attendees encouraged to avoid bottlenecks and maintain an element of social distancing.

Please do not attend if on the day you have COVID-19 symptoms or have had a recent positive Lateral Flow Test.

Please contact the named supporting officer for the Committee, if you have any queries or concerns about the management of the meeting and the approach to COVID-19 safety. Further details of the government strategy (Living with COVID-19 Plan) is available here – <https://www.gov.uk/government/news/new-guidance-sets-out-how-to-live-safely-with-covid-19>

Enquiries relating to this agenda please contact Patrick Duffy, Principal Democratic Services Scrutiny Officer. Email: Patrick.Duffy@northyorks.gov.uk Tel: 01609534546

Website: www.northyorks.gov.uk

Business

1. **Welcome and Apologies**
2. **Minutes of the meeting held on 24th June 2022** (Pages 3 - 10)
3. **Any Declarations of Interest**
4. **Public Questions or Statements**

Members of the public may ask questions or make statements at this meeting if they have delivered notice (to include the text of the question/statement) to Patrick Duffy, Principal Democratic Services Scrutiny Officer (*contact details below*) no later than midday on Tuesday 30th August 2022. Each speaker should limit themselves to 3 minutes on any item. Members of the public who have given notice will be invited to speak:-

 - at this point in the meeting if their questions/statements relate to matters which are not otherwise on the Agenda (subject to an overall time limit of 30 minutes);
 - when the relevant Agenda item is being considered if they wish to speak on a matter which is on the Agenda for this meeting.

If you are exercising your right to speak at this meeting, but do not wish to be recorded, please inform the Chairman who will instruct those taking a recording to cease while you speak.
5. **Chair's remarks**

Any correspondence, communication or other business brought forward by the direction of the Chair of the Committee.
6. **Young Carers - presentation by Judith Russ, Head of Placement Support and Stuart Williams, Senior Commissioning and Contracting Officer** (Pages 11 - 40)
7. **Child Death Overview Panel Annual Report 2021/2022 - Ali Firby, Child Death Review Officer** (Pages 41 - 50)
8. **Work Programme - Report by Patrick Duffy, Principal Democratic Services Scrutiny Officer** (Pages 51 - 54)
9. **Other business which the Chair agrees should be considered as a matter of urgency because of special circumstances**

Barry Khan
Assistant Chief Executive
(Legal and Democratic Services)

County Hall
Northallerton

Wednesday, 24 August 2022

North Yorkshire County Council

Young People Overview and Scrutiny Committee

Minutes of the meeting held on Friday 24th June 2022 at 10.00 a.m.

Present: County Councillor Heather Phillips (Vice-Chair, in the Chair)

County Councillors: Alyson Baker, Eric Broadbent (substitute for Councillor Stephanie Duckett), Barbara Brodigan, Bridget Fortune, Nathan Hull, David Jeffels, Janet Jefferson, Cliff Lunn, Tom Jones, Andy Paraskos (substitute for Councillor Peter Wilkinson) Kirsty Poskitt, John Ritchie, Mike Schofield and Dave Whitfield.

Co-opted Members: Tom Cavell-Taylor (Parent Governor Representative), Anna Kirkham (Parent Governor Representative), David Sharp (Voluntary Sector), Andrew Smith (Church of England), Ross Strachan (Secondary Teacher Representative), David Watson (Voluntary Sector)

Officers: Stuart Carlton, Corporate Director - Children and Young People's Service, Patrick Duffy, Principal Democratic Services Scrutiny Officer, Howard Emmett, Assistant Director, Strategic Resources

Apologies for absence were received from Councillors Stephanie Duckett and Peter Wilkinson and Portfolio Holders, County Councillor Janet Sanderson (Executive Member for Children and Young People) and County Councillor Annabel Wilkinson (Executive Member for Education and Skills)

Copies of all documents considered are in the Minute Book

1. Welcome and apologies

Councillor Heather Phillips advised that, as Vice-Chair, she was chairing the meeting as the Council has not yet appointed a Chair. The Chair will be determined at Council on 20th July.

She looked forward to working with Members.

She welcomed people to the meeting and Members introduced themselves.

2. Membership

Considered –

A report by the Principal Democratic Services Scrutiny Officer, which confirmed the membership of the Committee and asked the Committee to formally approve Anna Kirkham as a Parent Governor Representative on the Committee.

Resolved –

That the report be noted and that Anna Kirkham be appointed as a Parent Governor Representative on the Committee.

3. Minutes of the meeting held on 25th February 2022

Resolved –

That the Minutes of the meeting held on 25th February 2022, be confirmed and signed by the Chair as a correct record.

4 Any Declarations of Interest

There were none.

5. Public Questions

There were no public questions or statements.

6. Chair's Remarks

Nothing to report on this occasion.

7. Overview and Scrutiny at North Yorkshire County Council

Considered –

A report by Patrick Duffy, Principal Democratic Services Scrutiny Officer, which outlined:-

- how the overview and scrutiny function works in North Yorkshire;
- why it is important; and
- the role that Committee Members play.

He highlighted the following points:-

- Scrutiny is on a statutory footing.
- This Committee is one of five Overview and Scrutiny Committees.
- The Scrutiny Committees provide a key check and balance.
- In addition to the formal Committee meetings, there are Mid Cycle Briefings which meet several weeks before the Committee. They enable the Chair, Vice Chair and Spokespersons for each Committee to meet in private to discuss the work of the Committee – particularly the Work Programme.
- It has been the practice with this Committee to invite all Members to the Mid Cycle Briefings. This would continue.
- As well as the formal meetings and Mid Cycle Briefings, there are other approaches that can be taken to scrutiny – such as the establishment of a Task and Finish Group to look at a particular topic and report back on its findings.
- The report outlined some of the areas that were considered by the Committee in the last year to give the Committee a flavour of the subjects discussed.

In response to a question from a Member, the Principal Democratic Services Officer confirmed that Education and Skills is within the remit of the Committee.

NOTED.

8 Holiday Activities and Food Programme

Considered -

A report by Karen Atkinson, Stronger Communities Delivery Manager and a presentation by David Sharp, Chief Executive, North Yorkshire Youth and David Watson, Chief Executive, North Yorkshire Sport (who are Co-opted Members of the Committee), which updated them on this Programme.

By way of background, Karen Atkinson referred to the following:-

- In 2021, the Department for Education provided funding to all local authorities to deliver a programme of school holiday activities, alongside a food offer for children eligible for means tested free school meals (fsm).
- The Council delivered the 2021 programme through internal officer support and direct award of grants to a voluntary sector consortia, comprising North Yorkshire Sport, North Yorkshire Youth and Rural Arts, operating under the branding of North Yorkshire Together (NYT), who co-ordinated the service provision.
- A further 3 years funding will be made available for the Programme, from Easter 2022 to January 2025. The Council has been allocated a grant of £1.3615m for the financial year 2022/23.
- There will be an open procurement under the light touch regime. It will be a competitive process with a total value up to £500,000. The successful supplier will start on 1st October 2022.
- Due to the time restraints between receiving final notification from the DfE in December 2021 and the operational needs to start planning the 2022 Programme in January 2022, it has not been possible to run the procurement in advance of the 2022/23 programme starting. To avoid potential service interruption and risk non-delivery of both the Easter and Summer Holiday Programmes, it has been agreed to extend the arrangements with the existing co-ordination until the end of September 2022.

David Sharp and David Watson then delivered a presentation. The presentation is available [here](#)

They advised that North Yorkshire Together is a partnership between three Charities – North Yorkshire Youth; Rural Arts and North Yorkshire Sport. The Programme is branded as FEAST, which stands for Food, Entertainment, Arts and Sport Together.

In terms of delivery of the first year of the Programme:-

Easter 2021

- 47 projects, across all county districts, providing places for 12,144 pupils in receipt of fsm
- 7 providers offered specific provision for SEND, offering 1,226 places.

Summer 2021

- 63 projects, across all county districts, providing places for 42,456 pupils in receipt of fsm.
- 12 providers offered provision for SEND, offering 6,868 SEND places.

Everyone who attended received a meal.

The FEAST Programme has provided around 21,000 activity packs and NYT have provided 30,000 to 40,000 activity packs across all of its initiatives.

Whilst all of the targets have been met, the Programme has not been without challenges. These include the social stigma of accessing the Programme; engaging young people to participate; and rurality.

Work continues to overcome these challenges but there is no easy fix. This work includes creating a strong brand; sourcing alternative funding grants; seeking to increase the number of providers for children aged 11 plus; and encouraging providers to invest in the right kit.

In terms of the future for North Yorkshire Together and FEAST, FEAST has a two and a half year contract to continue with this work and support for Afghan Refugees continues to September 2022. Other opportunities to provide support to young people are being pursued.

A number of Members commented favourably on the value of this initiative.

The following questions/comments were made by Members:-

- Councillor Janet Jefferson commented that the number of providers in Scarborough seemed low. She asked if Schools had been involved and felt that £500,000 for a feasibility study was a lot of money being taken away from the provision, potentially. David Watson confirmed Schools had been involved and advised that NYT is keen to develop capacity at a local level via, for instance, Village Halls - but this will take time. Howard Emmett, Assistant Director, Strategic Resources, further advised that the £500,000 refers to work on co-ordinating provision; governance and processes – rather than a feasibility study.
- Councillor Ritchie asked how the Programme links in with children in care. He also noted that 78% of those eligible on fsm are not taking part and felt this was worth further investigation as to why. David Watson advised that NYT were seeking to address this, but it should be borne in mind the timescales were very tight. NYT are managing to get vulnerable children to attend and they do not have to attend.
- Councillor Barbara Brodigan wanted to know what outreach tactics are used to engage with young people and hard to reach groups. David Watson responded that the thrust was to provide a service, rather than undertake targeted work. However, NYT are looking at bringing on board providers with mobile provision and linking in with youth work. The lifting of the initial burdensome restrictions should enable greater flexibility.

The Corporate Director for Children and Young People's Service stressed that the service was never intended for those not in education, employment or training. Knowing how little notice had been given to Authorities and how quickly the Programme had to get up and running, a lot had been achieved. Yes, we want to improve the targeting of children on fsm but this has been difficult, with not being aware what the next stage of provision for the Programme might be.

- Councillor Kirsty Poskitt said that the organisation she works for benefits from the provision and has worked with Afghan Refugees and York City Council to target particular activities. She asked if any information is known about what will happen beyond September, in respect of Afghan Refugees. David Sharp said that NYT want to work together with the organisations concerned to maintain some provision.
- A Member asked how social media is being used to engage with the young people. Karen Atkinson advised that NYT is very active on social media. Monitoring is undertaken of its impact, in terms of how this translates into joining activities.
- In response to a question from a Member, David Watson advised of the monitoring of providers that takes place to ensure standards are met. This includes unannounced visits.
- Councillor Dave Whitfield wondered whether it might be worth asking all young people in Secondary Schools what activities they would like to see included. David Sharp advised that the views of young people are sought, but to ask everyone could build expectations unfairly, as the service cannot be provided universally. He added that some funding has been levered from Sport England to do more social media work.
- Dr. Tom Cavell-Taylor sought information as to whether contact had been made with providers who have regular out of term clubs, as the young people need something every day of the year. David Sharp confirmed NYT has a good network that it liaises with. The hard part though is getting the rooms. The intention is to continue to expand the Programme to provide the support that the young people deserve.
- The Chair asked if individual Members would be able to meet with officers to discuss provision in their area. Karen Atkinson confirmed that officers would be happy to do this.

The Chair thanked Karen Atkinson, David Sharp and David Watson for their presentation.

9. Being Young in North Yorkshire

Considered:-

A presentation by Stuart Carlton, the Corporate Director for Children and Young People's Service, which advised the Committee about this Strategy and the progress being made.

The presentation is available [here](#)

Before commencing his presentation, the Director referred to the discussion on the previous Agenda Item. It had been an easy decision to support the Holiday Activities and Food Programme, as he recognised that partners were well placed in the community. The Programme is a good example of why the Directorate do these things in partnership.

The three main priorities currently are:-

- Social Emotional Mental Health
- Child exploitation and contextual safeguarding
- Online safety

The Director advised that Being Young in North Yorkshire is the North Yorkshire Safeguarding Children Partnership Strategy for Children and Young People. The Strategy has been developed using data and feedback gleaned through engagement with Schools, such as the Growing up in North Yorkshire Bi-Annual Survey of pupils.

The vision is that *All children are Safe, Happy, Healthy and able to Achieve in North Yorkshire.*

The Strategy does not intend to capture everything that is being worked on – it homes in on local collaboration. The Director highlighted that good progress has been made against each of the themes. For example:

A Safe Life

- Reduction of children in care from 443 in 2019/20 to 427 in 2020/21. This is a key priority, as children need to live in family networks.
- Just one custodial sentence for a young person in 2021 - down from 27 in 2018. This year, we are on course to have no custodial sentence for any young person. The premise is that most young people in crime grow out of it. Being in *the system* is bad for them so we do everything we can to keep them out of it.

A Happy Life

- Many of our children in care (75%) live with a North Yorkshire County Council Foster Carer. There has been a big growth in kinship placements, which is a good outcome.

A Healthy Life

- The proportion of 5 year olds with tooth decay in North Yorkshire, at 20%, is lower than the national average (23.4%) and the Yorkshire and Humber average (28.7%).

Achieving in Life

- There has been a return to a more expected trend in children being electively home educated (EHE). In 2021 the number of EHE pupils increased by 5.7%, compared to 21% the previous year. New steps are in place to help ensure the decision is being taken for the right reasons.
- Exclusions continue to fall – and we are working hard to keep them down – if children are not at school they are not learning.

Members raised a number of questions/comments as follows:-

- Councillor Janet Jefferson referred to some of the positive policies now in place as a result of the work of this Committee and the willingness of the Director to take suggestions on board, such as Schools *Ladder of Intervention* (to support schools and settings in adopting early intervention for children with Social Emotional Mental Health and/or at risk of exclusion.)
- In response to a comment by Councillor Nathan Hull, the Director advised that the rate of Care Leavers not in Education, Employment or Training is higher than most of our neighbouring authorities. The Directorate is in constant contact with Care Leavers and a huge package of work is being undertaken.

- Andrew Smith, Co-opted Member, asked what the Director feels is his biggest challenge. The Director responded that this is the increasing demand in children's mental health services - a significant challenge. In addition, exploitation (County Lines, for example) is a concern, in that *we only know what we know*. Young people now have access to a frightening array of information.
- Councillor Whitfield stressed the key role of youth work in combatting County Lines and anti-social behaviour. The Chair agreed and added that it is up to Councillors to lead by example. The Director acknowledged the importance of youth work, but there are difficult choices to be made by Authorities, given a finite amount of resources.
- Councillor Kirsty Poskitt mentioned that she had become a young people mental health first aider and would encourage people to do this. She asked whether there is a timeline to get Mental Health Support Teams into Schools. The Director responded that this is a matter for the Government, but he will continue to press them on this.
- Councillor Barbara Brodigan referred to the link between disengagement and anti-social behavior – social inclusion is far less expensive than social exclusion.
- Councillor Tom Jones referred to the impact that Covid-19 has had and the loss of social skills. A large cohort of people remain nervous.
- A Member wanted to know if consideration has been given to a programme to test some of the underlying issues that may arise from Elective Home Education (EHE). The Director said that all parents have been approached, with some successes. A new step in the process has been introduced, whereby professionals meet with parents and the School prior to the final step to EHE being taken. Ultimately, however, he has limited power in this area. The bar for a suitable education has been set too low but he can only act within the law and only intervene if there is a genuine safeguarding concern.
- Councillor John Mann wondered whether it would help to engage people if they were offered more courses for vocational education. The Director's view was that, with post-16 provision, choice can be an issue and that such courses would help more in terms of aspiration.

The Director said he would be happy to update the Committee on further progress in due course.

The Chair thanked the Director for updating the Committee.

10. Work Programme

Considered:-

A report by the Principal Democratic Services Scrutiny Officer, which invited Members to consider the Committee's Work Programme for 2022/2023, taking into account the outcome of discussions on previous Agenda Items and any other developments taking place across the county.

The report also sought Members views as to whether they wish to meet in person or remotely.

He highlighted the following:-

- This is a key document for the Committee as it captures the areas that it wishes to consider over the course of the next year.
- He had inserted Items that have been tended to be considered annually, or topics which Members had previously expressed an interest in.
- Members should bear in mind that there are only four meetings per year. Therefore, it is important to be realistic as to how much can be considered at each meeting.
- Members are welcome to contact him at any time with suggestions as to Items.

Councillor John Ritchie felt it would be helpful if the Work Programme included work on looking at the impact of inflationary pressures on school budgets on, say, the quality of school dinners – particularly in the most deprived areas. This could include Scrutiny of Health Committee.

The Chair felt that it would be best to wait until the Chair is appointed until confirming Items such as this on the Work Programme.

Councillor Dave Whitfield felt that consideration of how actions link to climate change should be included.

In terms of future meetings, Councillor Ritchie's view was that the Committee should meet in person. Whilst the Committee did not make a formal decision on this aspect, no one dissented with this view. Therefore, the feeling of the Committee was that meetings be held in person.

Resolved –

That the Work Programme as it currently stands be noted.

11. Other business which the Chair agrees should be considered as a matter of urgency because of special circumstances

There was no urgent business. However, the Chair took the opportunity to thank Councillor Janet Jefferson for the good work she had done as Chair of the Committee.

The meeting concluded at 12 noon

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Young People Overview And Scrutiny Committee - Friday 2nd September 2022

Young Carers Services in North Yorkshire

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carers
plus
YORKSHIRE



carers'
resource

Agenda Item 6

What is a Young Carer?

A young carer is someone aged 18 and under who cares for a friend or family member who, due to illness, disability, a mental health problem or an addiction, cannot cope without their support.

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Local Authority statutory duties

- The Care Act 2014 - As of April 2015 and the introduction of the Care Act, local authorities have a legal duty to provide all carers with an assessment of their needs and put in place services that will protect their health and wellbeing.
- The Children and Families Act 2014 (Child Welfare, part 5, section 96 details the rights for Young Carers) – local authorities must assess whether Young Carers in their area have support needs and if they do, what those needs are. Local authorities must take ‘reasonable steps’ to identify Young Carers in their area who have support needs. Local authorities have a role in preventing future need

Delivery of services to carers in North Yorkshire.

From 1 July 2022 to 30 June 2030, the Young Carers and Adult Carers support service will be delivered by a single provider in 4 localities (an 'all age' service).

The benefits are:

- Greater links with wellbeing and prevention services and sitting services, with strong collaboration with a range of North Yorkshire community based support organisations
- Transition from young to adult carers much easier to manage.
- A clear cohesive offer to carers in North Yorkshire
- Closer collaboration between service providers.

Who delivers services to Young Carers?

Provider	Area	NYCC Funding £	CCG Funding £	CCG	Total funding £
Carers Resource	Selby	31,396	5,604	VoY CCG	37,000
Carers Resource	Harrogate & Craven	28,410	10,678	North Yorkshire CCG	43,000
			3,414	Bradford & Craven CCG	
			498	Cumbria CCG	
Carers Plus Yorkshire	Hambleton & Richmondshire	52,372	9,340	North Yorkshire CCG HRW CCG	61,712
Carers Plus Yorkshire	Scarborough, Whitby & Ryedale	63,420	7,868	North Yorkshire CCG S&R CCG	71,288
	Total	175,598	37,402		213,000

The Providers are expected to deliver a service that is:

- **ACCESSIBLE** – embedded in communities and neighbourhoods
- **EXPERIENCED** – staff and volunteers with **personal experience** of caring
- **CREATIVE** – new ideas and positive solutions
- **CONNECTED** – into multiple networks and partnerships
- **COLLABORATIVE** – trusted by carers and communities and others
- **PASSIONATE** – about carers and how to help them

What are the aims of the Young Carers service?

- To promote, support and improve the mental, physical, emotional and economic wellbeing of carers, so that they can continue in their caring role, look after their own mental health and wellbeing and have a life of their own in terms of opportunities for work, training, education, leisure and social interaction.
- Provide specialist information, advice and support to Young Carers, their families and practitioners and to raise awareness about the needs of the Young Carers.
- Ensure the Young Carer has a break from their caring role.

How many Young Carers are there in North Yorkshire (1)?

(2011 Census)

- 1,107 Young Carers aged 0 to 15 responded as being an unpaid carer.
- 70 (7.4%) provided 50 or more hours of care a week.
- 2,436 unpaid carers aged 16 to 24
- 203 (8.3%) provided 50 or more hours of care per week.

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79,889 pupils in North Yorkshire schools (January 2018 school census)

There is no, one, agreed model with regards to the predicted prevalence of Young Carers in the population, a common ratio of 1:12 is often used as an indicator. Therefore, this could mean that potentially there may be as many as **6,657** Young Carers in North Yorkshire.

How many Young Carers are there in North Yorkshire (2)?

% of age range recorded as an unpaid carer by district (2011)

	Age 0 to 15	Age 16 to 24
Craven	0.97%	4.14%
Hambleton	1.15%	4.04%
Harrogate	1.05%	3.67%
Richmondshire	1.03%	2.73%
Ryedale	1.04%	4.91%
Scarborough	1.14%	4.93%
Selby	1.03%	4.16%
North Yorkshire	1.07%	4.06%
England and Wales	1.12%	4.87%

The emotional and mental health of young carers in North Yorkshire (GUNY)

In 2020 there were 16,000 responders to GUNY:

- 425 recorded as being a young carer
- 206 boys
- 219 girls
- 184 from primary schools
- 241 from secondary schools.

	Yr 6	Yr8	Yr10
Boys	92	65	49
Girls	92	50	77

What do Young Carers worry about (1) ?

Primary School (Key Stage 2) - % of young carers worried most days about the following issues – by gender (whole school population in brackets)

Boys		Girls	
Moving on to secondary school	54 (37)	Moving on to secondary school	69 (45)
SATs/tests	53 (36)	SATs/tests	66 (44)
Family	46 (33)	Family	62 (38)
Feeling lonely	40 (23)	The way they look	57 (38)
School-work/homework	38 (19)	Feeling lonely	51 (29)
Falling out with friends	31 (21)	Growing up	47 (32)
The way they look	31 (20)	Falling out with friends	43 (34)
Growing up	31 (17)	Their weight	41 (26)
Their health	30 (18)	Being bullied	40 (23)
Being bullied	30 (17)	Getting changed at school for PE etc.	37 (25)

What do Young Carers worry about (2)?

Secondary School (Key Stage 4) - % of young carers worried most days about the following issues – by gender (whole school population in brackets)

Boys		Girls	
Exams and tests	38 (30)	Exams and tests	64 (64)
Feeling lonely	35 (16)	The way they look	64 (65)
School-work problems	26 (19)	School-work problems	60 (54)
Problems with friends	24 (13)	Feeling lonely	59 (38)
Family problems	24 (12)	Family problems	49 (29)
Health	21 (13)	Problems with friends	40 (30)
The way they look	21 (19)	Relationships	37 (29)
Relationships	18 (14)	Health	36 (30)
Money problems	18 (8)	Feeling pressure from social media	33 (23)
Being separated from parents/carers	15 (7)	Being separated from parents/carers	30 (15)

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OFFICIAL

Identification of Young Carers

Referrals from a wide variety of sources (not exhaustive):

School teachers, support assistants

Family members

Social Workers

Adult Carers

Young Carers

Children's Centres

Youth Support Service

GPs and Health workers

Health and Adult Services of the Council

Children and Young Peoples Service of the Council

Specialist nursing eg health visitors, school nurses, Children's
Community nurses

Voluntary Sector Organisations

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Awareness raising of young carers.

- Awareness raising sessions delivered to health, education or social care professionals including schools, community groups and voluntary sector organisations.
- Communication with schools – assemblies, school hubs,
- Service inputs - CYPS Social Workers, Army Cadet groups, Independent Domestic Abuse Service.
- Information stalls - FE colleges, schools, Parent Carer Voice AGM, libraries, GP surgeries
- Carers Week
- Young Carers Action Day
- Website – NYCC and providers

DO I LOOK LIKE I CARE?



Young carers have lots of extra responsibilities because they look after a family member with an illness, disability or an addiction.

Does this describe you or a young person you know?

If so, please contact us.

carers'
resource
Young Carers

info@carersresource.org
www.youngcarersresource.org

Carers' Resource is a charitable company limited by guarantee.
Registered charity No. 1049278. Company registered in England No. 3054273.
Registered office: Unit 3, Grove Park Court, Grove Park Terrace, Harrogate, HG1 4DP.



Relieve the pressure



Breaks & clubs



Support at school



Careers advice



Family support



Rights & safeguarding

Carers' Resource helps young carers by providing them with:

- After school clubs and trips in the holidays
- One-to-one support at times of crisis
- Website and social media

Harrogate District:

Unit 3 Grove Park Court
Grove Park Terrace
Harrogate HG1 4DP

Tel: 01423 500555

Craven District:

Ronaldsway House
36 Brook Street
Skipton BD23 1PP

Tel: 01756 700888

Bradford District:

Unit 15 Park View Court
St Paul's Road
Shipley BD18 3DZ

Tel: 01274 449660

Selby District:
















Community House
Portholme Road
Selby YO8 4QQ

Tel: 0808 50 15 939





Do a number of the following points apply to you?

-  You look after, help, or support a family member or a friend who has a physical disability, a mental health issue (e.g. depression), a cognitive impairment (e.g. dementia), addiction (to alcohol and drugs) or any other health-related conditions.
-  You are concerned about the well-being of your sick or substance-abused family member or friend.
-  You have to do the shopping for your family.
-  You help someone with bathing or dressing.
-  You help someone to go to the toilet or get into bed.
-  You take care of housework, for example, dusting and hoovering or washing and ironing.
-  You organise the family budget and deal with bills, banking money.
-  You do most of the cooking for your family.
-  You help someone to take medication.
-  You work part time to bring money in.
-  You offer emotional support to your family member/friend through bad times.
-  You keep the person you care for company e.g. sitting with them, reading to them, talking to them.
-  You keep an eye on the person in need of care to make sure s/he is all right.
-  You take brothers and sisters to school (or pick them up).
-  Because of your caring responsibilities, you feel you don't have enough time for yourself, you have problems at school, you are not able to do the things you want to do in your free time.

Referral and assessment of Young Carers

- Referral received.
- Provider contacts the young carer's parent/guardian to book an initial triage call. This call will take place within 5 days of the referral.

This triage marks the start of the assessment process.

Worker is allocated.

- Home visit undertaken within 14 working days of the 5 day call being completed
- This is where an initial assessment will be completed prior to allocation. Upon allocation the 'My Star' assessment will be used for impact assessment and action planning.

Partnership working

- Young Carers Services provide a “whole family approach” - focus on both the Young Carer, and their family members:
- Support workers attend CIN meetings.
- Active joint working between Children and Young People’s Service, Health and Adults Services, Health
NYCC Early Help, CAMHS and Multi Agency Screening Team (MAST)
- Schools, colleges, other education providers
- GP surgeries,
- Community and youth organisations – North Yorkshire Youth.
- Employers and the local community to acquire extra funding
Eg. ASDA, Arnold Clark, Maxwell Morrison

Young carer feedback ('they said, we did') (1).

Feedback obtained from Young Carers (informed the recent re-procurement):

- Need more support at school. Some do not feel understood or well supported at school, and others experience bullying linked to their caring role. Young Carers want someone at school who understands them; who understands how caring responsibilities can make school harder, and for bullying to be dealt with more effectively.

School hubs – young carers can drop in to see a young carer advisor at lunch time

Young Carers are producing a film to be shared in schools - 'a day in the life of a young carer'.

Young carer feedback ('they said, we did') (2).

Need regular young carer groups. Meeting other Young Carers like themselves helps them to feel less isolated and alone. Groups are an opportunity to socialise, have fun and enjoy rare time away from their caring responsibilities.

Youth clubs - 'huddles' and 'well-being corners' at youth clubs

'Chill' clubs provision

Group support including integration with other groups

Targeted group work

Young carer feedback ('they said, we did') (3).

Mental health issues, such as stress, anxiety and depression were the most commonly reported negative effect of caring responsibilities

Signposting to universal services

Individual support on a one to one basis

Communication with Young Carers via social media

Young Carer Ambassadors

Worked with young people to establish a 'Young Carer Knowledge Locker' – website

Improvements to group provision eg. more frequent groups, groups in school holidays, more outdoor activities, and help with transport to attend.

Organise social/leisure events/activities for Young Carers throughout the year.

Arranging days trips in collaboration with Young Carers

Arranging residential events in collaboration with other Service Providers and Young Carers.

Clubs, activities - examples

Hambleton and Richmondshire

Colburn Chill Club
Romanby Chill Club
YAC Mindful Art Session
SFX Hub
Anxiety Workshop
Positive Minds Session
Richmond School Lunch Hub
Thirsk School Lunch Hub
Northallerton School Lunch Hub
Bowling
National Park Activities

Scarborough, Whitby, Ryedale

Youth Club Scarborough YCC
Mental Health First Aid
Substance Abuse Workshops
First Aid For Young Carers
Poetry
Surfing
Bowling
Young Carers Mental Health Group

Clubs, activities - examples

Harrogate, Craven, Selby

Budz:- group for under 11's (pre secondary school age)

Games and activities

Lots of different sections including a quiet space if the young person just wants some space to relax.

uTime:- group for 11-18 year olds

'Chill out' session,

Activities, music, video games.

Group discussion to see what activities they would like to see

Platforms for feedback

- Youth Council feedback
- NY Youth Voice sessions and North Yorkshire Youth AGM
- Feedback from young carers upon completion of workshop sessions.
- Feedback forms are used at stages within service: following assessment, at 12-week reviews and at point of transition or closure. The youth voice speak frequently about how collection of such information could be more dynamic. Work undertaken with the Youth Council to explore differentiated options to evaluate the service.
- Carer focus groups – Example: evaluation should be less ‘hard copy’ - distribute electronically by email, phone, ‘mailchimp’. YC’s tell us that by doing so they will be more likely to submit the evaluation if it is easily understood and less onerous.

Transition to Young Adult Carer provision

Many vulnerable 16 and 17 year olds need more support as they move into adulthood. Their age means that these young people can sometimes 'fall between the cracks' of children's and adults' services and may be left without support.

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From 1 July 2022, the Young Carers and Adult Carers support service is delivered by a single provider in 4 localities (an 'all age' service).

Transition from young to adult carers will be much easier to manage.

Young Carer feedback

- Q4 – 100% of Young Carers who completed the Feedback form reported an overall satisfaction rate of ‘Satisfied’ or ‘Very Satisfied’.
- Aim is to gather feedback with a whole family approach:

Young person:

“My worker has taught me different methods to use when I am worried & hope to cope with feeling overwhelmed, this has helped me in all areas of my life”

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“When I first joined the Young Carer's service, I was nervous at first as I hadn't received any help with caring for my mum before joining. But Young Carer's sessions turned out to be my get-away from all the stress at home. Everyone was so kind and welcoming, and they made me feel like I wasn't the only one having to cope with the difficult responsibilities of caring.”

Parent:

“L will be going to youth club next week. Thank you for all you've done for L, it's really given her confidence she is like a new person and it is down to the support at young carer youth club from staff and the other young carers”

“B has opened so many doors for us which we didn't know were there, she has referred us all to companies which are helping us as individuals and as a family, she has gone above and beyond to help us and my daughter, we have seen a big difference in her and her personality and it feels like we are starting to get our daughter back”

- No complaints received.

Service outcomes - summary

- Carers are better equipped to continue in their caring role.
- Carers have an increased understanding of the support available and how to access it (for both themselves & the person they care for).
- Carers are more informed, and better prepared, for what may lie ahead.
- Carers feel listened to and understood.
- Carers are less isolated.
- Carers are reassured, gain confidence and support from sharing with other carers.
- Carers understand the importance of being recognised as a carer



Thank you for listening.

Any questions?

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Child Death Overview Panel (CDOP) Annual Report **2021-2022**

Child Death Overview Panel Annual Report 2021-2022

Foreword

As we emerge from the acute phase of the pandemic and into a recovery phase of 'living with covid,' the CDOP's work remains on track. As I stated last year, this is testament and thanks to all those concerned. Learning lessons from the pandemic on the way we work, CDOP members have agreed to continue meeting virtually, as we have been able to continue to give full consideration and respect to those children who have died and their families and carers.

As a panel, we are continually looking at how to improve the quality of our work and in collaboration with other CDOP chairs across the region, this will be a focus area for the coming year. We are also looking to influence a joint communication campaign around the use of the 'What 3 Words' app across North Yorkshire, the City of York and neighbouring areas.

Thank you to all those who support the work of CDOP. I am very much assured that the actions we take, reduce the risk to children and influence policy and professional practice.

**Anita Dobson, Nurse Consultant
Public Health, City of York Council,
Child Death Overview Panel Chair**



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Introduction

The death of a child is a devastating loss that profoundly affects all those involved. Since April 2008 all deaths of children up to the age of 18 years, excluding still births and planned terminations must receive a Child Death Review by a CDOP to accommodate the national guidance and statutory requirement set out in [Working Together to Safeguard Children 2018](#).

The publication of the [Child Death Review Statutory and Operational Guidance in 2018](#) built on the requirements set out in Chapter 5 of Working Together to Safeguard Children 2018 and details how individual professionals and organisations across all sectors involved in the Child Death Review should contribute to guided standardised practice nationally and enable thematic learning to prevent future child deaths.

Child Death Review partners, the Local Authorities and Clinical Commissioning Groups for North Yorkshire and City of York hold responsibility for the delivery of the Child Death Review Process as set out in the Children Act 2004, as amended by the Children and Social Work Act 2017. The CDOP is multi-agency with differing areas of professional expertise. The process is undertaken locally for all children who are normally resident within North Yorkshire and City of York.

As part of the Child Death Review requirements set out in Working Together (2018), North Yorkshire and City of York Local Authorities and Clinical Commissioning Groups created a Strategic Child Death Review Group to provide strategic oversight for the Child Death Review Process in the county and city. Meetings are held twice a year, the membership includes:

- Directors of Children and Young People's Services (NYCC and CYC)
- Chief Nurses for the Clinical Commissioning Groups (VoY CCG and NY CCG)
- Designated Doctor for Child Death (VoY and NY CCG)
- Child Death Overview Panel Chair (CYC Public Health)

- Partnership Business Unit Managers (NYSCP and CYSCP)
- Child Death Review Officer (NYSCP)

The collation and sharing of all learning from Child Death Reviews and the CDOP is managed by the National Child Mortality Database (NCMD) which has been operational since 1st April 2019. The NCMD gathers information on all children who die across England with the aim to learn lessons that could lead to changes to reduce child mortality.

The purpose of the Child Death Review Process is to try to ascertain why children die and put in place interventions to protect other children and prevent future deaths wherever possible. The process intends to;

- Document, analyse and review information in relation to each child that dies in order to confirm the cause of death, determine any contributing factors and to identify learning arising from the process that may prevent future child deaths
- To make recommendations to all relevant organisations where actions have been identified which may prevent future deaths or promote the health, safety and wellbeing of children
- To produce an annual report on local patterns and trends in child death, any lessons learnt and actions taken, and the effectiveness of the wider Child Death Review Process
- To contribute to local, regional and national initiatives to improve learning from Child Death Reviews

Membership and Panel Meetings

The Child Death Overview Panel meetings are held on a bi-monthly basis, the membership can be seen below:

Membership of the Child Death Overview Panel

Member	Organisation
Anita Dobson (Chair)	Nurse Consultant in Public Health, City of York Council
Victoria Ononeze (Vice Chair)	Public Health Consultant, North Yorkshire County Council
Dr Sally Smith	Designated Doctor for Child Deaths & Consultant Paediatrician, VoY and NY CCG
James Parkes	Safeguarding Children Partnership Manager, North Yorkshire
Sophia Lenton-Brook	Interim Safeguarding Children Partnership Manager, City of York
Rose Howley	Head of Service Multi-Agency Safeguarding Hub (MASH), Assessment and Targeted Intervention, City of York Council
Zoe Fryer	Group Manager, Children & Families Service, North Yorkshire County Council
Jemma Cormack	Safeguarding Manager, North Yorkshire Police
Carol Kirk	Detective Inspector, North Yorkshire Police
Sara Collier-Hield	Head of Midwifery, Supervisor of Midwives, York Scarborough Teaching Hospitals NHS Foundation Trust
Alison Pedlingham	Head of Midwifery, Supervisor of Midwives, Harrogate & District NHS Foundation Trust
Sue Oxendale	Bereavement Midwife, Harrogate & District NHS Foundation Trust
Dr Natalie Lyth	Children's Designated Doctor for Safeguarding, VoY and NY CCG
Dr Sarah Snowden	Children's Designated Doctor for Safeguarding, VoY and NY CCG
Andrea Pitman	0-19 Healthy Child Service West Team Manager, City of York
Sarah Neale	Named Nurse for Safeguarding, Harrogate & District NHS Foundation Trust
Ali Firby	Child Death Review Officer for North Yorkshire and City of York

CDOP Panel Membership – as of 31st March 2022

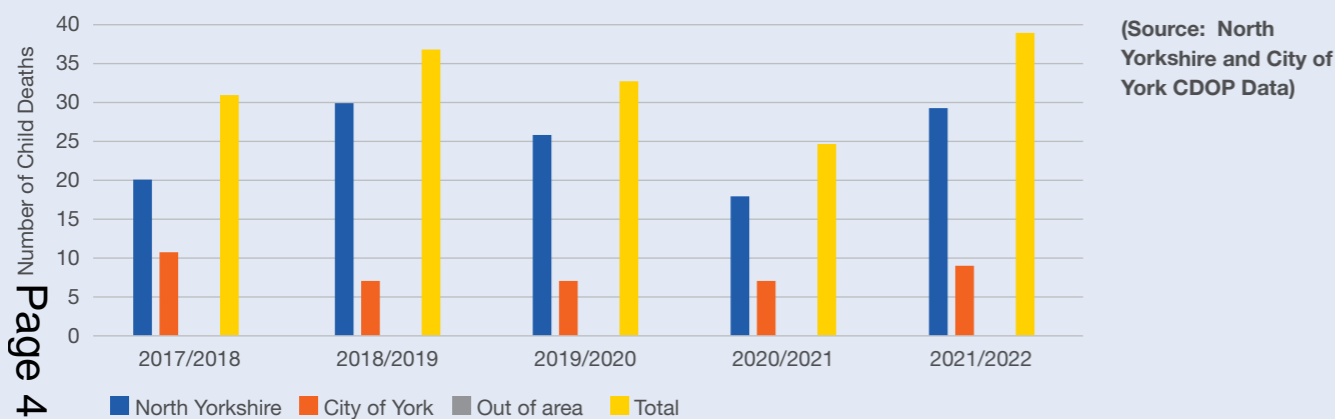
Data Analysis



Total number of infant and child deaths

A total of 38 children residing within North Yorkshire and City of York died in 2021/2022. A significantly lower number of cases were notified to CDOP in 2020/2021 in comparison to other years, this is believed to be due to the impact of the restrictions put in place during the pandemic. In 2021/2022, cases increased to the highest level seen over the 5 year period.

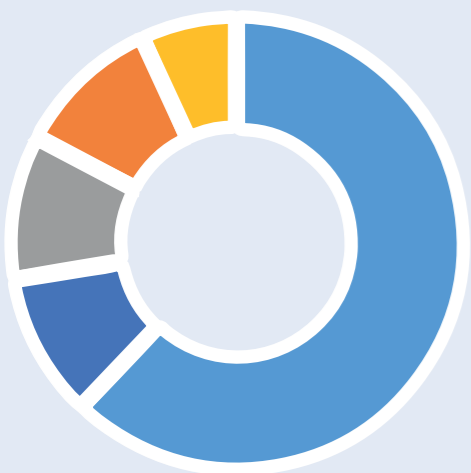
Table 1. Child Deaths in North Yorkshire and City of York 2017 - 2022



The data detailed in table 2 summarises the age of the North Yorkshire and City of York children at death over the past 5 years.

Table 2. Age of infant and child deaths

■ Under 1s ■ 1 to 4 Years ■ 5 to 9 Years ■ 10 -14 Years ■ 15 -17 Years



As in previous years a child is most at risk of death when under the age of 1, and particularly within the first 27 days of life. In 2021/2022, 47% of the child deaths notified to the CDOP were under 27 days old.

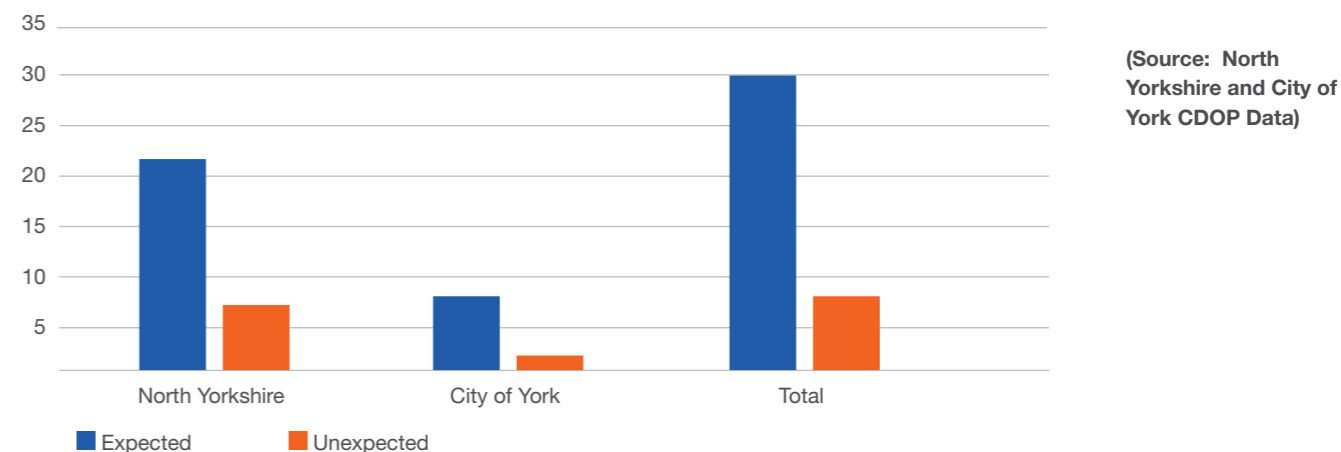
Expected and Unexpected child deaths

There are two categories of child deaths:

- A child death is an “expected” death where the death of an infant or child was anticipated due to a life limiting condition.
- A child death is an “unexpected” death where the death of an infant or child was not anticipated as a significant possibility, for example, 24 hours before the death; or where there was an unexpected collapse or incident leading to or precipitating the events which led to the death.

Over the past 5 years there have been 113 expected deaths and 50 unexpected deaths notified to CDOP.

Table 3. Category of Child Deaths in North Yorkshire and City of York 2021/2022



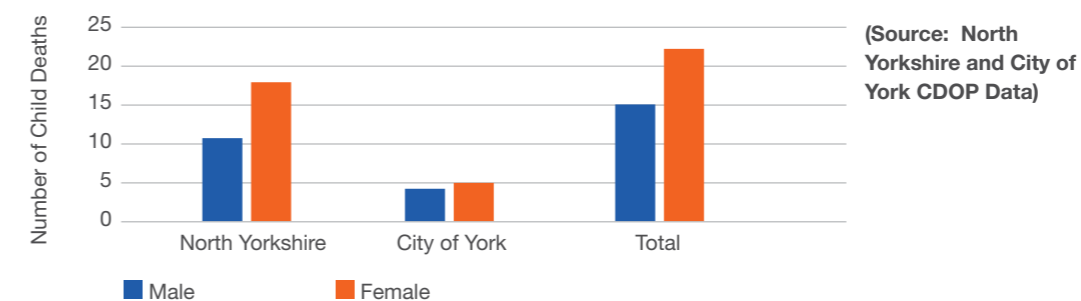
Location of death

Of the 38 deaths notified to CDOP in 2021/2022, 33 (87%) occurred within a hospital trust and 5 (13%) occurred outside of a hospital setting. It is of note, out of the 38 deaths, 27 (81%) occurred at an out of area hospital trust, which is an increase in comparison to previous years.

Infant and child deaths by gender

Within 2021/2022 we have seen 15 males and 23 female deaths. A breakdown of the number of child deaths by gender is outlined in Table 4. Nationally the mortality rate for males is higher than females, however locally there have been a higher number of female deaths, the reason for this is unknown.

Table 4. Gender



Ethnicity

Of the 38 child deaths notified to CDOP in 2021/2022, 34 were classified as “White British” which reflects the population demographics for our regional area.

Disabled children

Children who are known to have a learning disability are notified to the Learning Disabilities Mortality Review Programme (LeDeR) by the CDOP to assist with their review and share learning from deaths of children with disabilities.

Categories of Child Deaths

During the CDOP meeting, members are required to categorise all child deaths which are then recorded locally and reported to the NCMD.

The categories of child deaths that have been agreed as of 31 March 2022 are detailed in table 5. It is of note, there will always be a disparity in numbers between the deaths notified to CDOP and the deaths reviewed by CDOP in the reporting period as outlined on page 12.

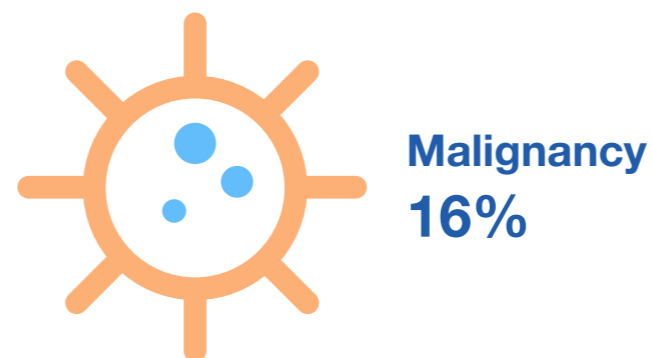
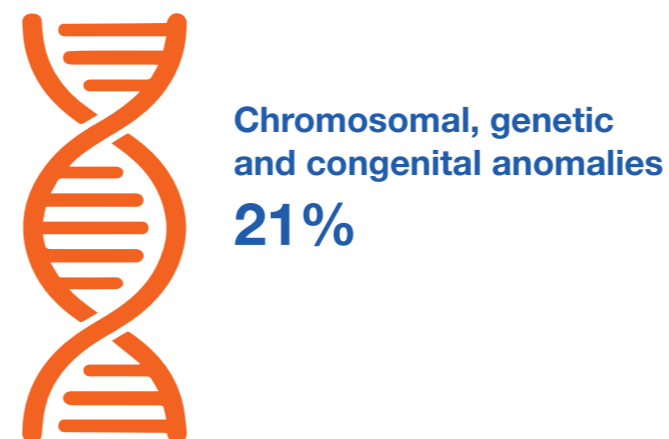
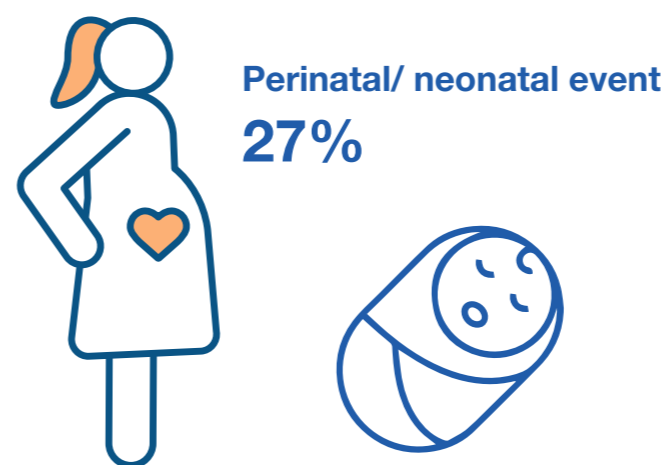
Table 5 – Category of child deaths reviewed by CDOP (includes both North Yorkshire and City of York)

	2017/ 2018	2018/ 2019	2019/ 2020	2020/ 2021	2021/ 2022	Total
1. Deliberately inflicted injury, abuse or neglect - This includes numerous physical injuries, which may be related to homicide as well as deaths from war, terrorism or other mass violence. It also includes severe neglect leading to death.	0	0	0	0	0	0
2. Suicide or deliberate self-inflicted harm - This includes any act intentionally to cause one's own death. It will usually apply to adolescents rather than younger children.	1	7	2	1	1	12
3. Trauma and other external factors - This relates to unintentional physical injuries caused by external factors. It does not include any deliberately inflicted injury, abuse or neglect.	3	4	1	1	1	10
4. Malignancy - This includes cancer and cancer like conditions such as solid tumours, leukaemia & lymphomas, and other malignant proliferative conditions, even if the final event leading to death was infection, haemorrhage etc.	3	6	5	5	4	23
5. Acute medical or surgical condition - A brief sudden onset of illness which resulted in the death of a child.	2	2	2	3	2	11
6. Chronic medical condition - A medical condition which has lasted a long time or was recurrent and resulted in the death of child.	1	0	2	0	2	5
7. Chromosomal, genetic and congenital anomalies - Medical conditions resulting from anomalies in genes or chromosomes as well as a defect that is present at birth.	6	6	6	7	7	32
8. Perinatal/neonatal event - The death of child as a result of extreme prematurity, adverse outcomes of the birthing process, intrauterine procedure or within the first four weeks of life.	6	8	7	10	10	41
9. Infection - This can be any primary infection (i.e., not a complication of one of the above categories), arising after the first postnatal week, or after discharge of a preterm baby.	1	4	3	0	0	8
10. Sudden unexpected or unexplained death - This is where pathological diagnosis is either Sudden Infant Death Syndrome (SIDS) or 'unascertained', at any age.	1	2	3	2	2	10
Total number of child deaths reviewed by CDOP	24	39	31	29	29	152

(Source: North Yorkshire and City of York CDOP Data)

Once these child deaths have been reviewed, they will be reported on in future annual reports.

As detailed in Table 5, of the 151 child deaths that have been reviewed by panel over the past 5 years, the main categories of the child deaths are:



Child Death Review Process

A Joint Agency Response (JAR) will be triggered in full for all sudden and unexpected child deaths. An unexpected death is a term used to describe the death of an infant or child whose death was not anticipated as a significant possibility 24 hours before the death, or where there was a similarly unexpected collapse leading to or precipitating the events which led to the death.

Within this process the lead agency, which may be either the Police or the Consultant Paediatrician involved in the care of the child, will inform the Child Death Review Officer who ensures a meeting takes place within 72 hours of the child's death. The purpose of the JAR Meeting is to enable the sharing of information, multi-agency discussions, planning to safeguard other individuals, if identified and to ensure support is put in place for the child's family, peers and professionals.

It is the Coroner's responsibility to determine the cause of death where it is not known. If it is not possible to find out the cause of death from the post mortem examination, or the death is found to be unnatural, the Coroner will hold an inquest, a public court hearing held by the Coroner in order to establish who died and how, when and where the death occurred.

Following notification being received by Child Death Review Officer, each agency that was involved in the care of the child prior to their death must complete a reporting form. This form captures all the relevant information about the child and family to inform the CDOP process when considering modifiable factors. In addition to the reporting form there are a number of supplementary reporting forms which the Child Death Review Officer uses to collect information from the relevant professionals which is also shared with the NCMD and collated for review by the CDOP.

The process for expected deaths; the death of an infant or child which was anticipated following on from a period of illness that has been identified as terminal differs slightly as they do not usually require a JAR Meeting.

Supporting and engaging with a family who have lost a child is of the utmost importance throughout the whole Child Death Review Process. Recognising the complexities of the process, and the differing emotional responses that bereavement can bring, families are given a single named point of contact, called a 'Key Worker'. Regardless of the professional background this person should;

- Be a reliable and readily accessible point of contact for the family after the death;
- Help co-ordinate meetings between the family and professionals as required;
- Be able to provide information on the Child Death Review process and the course of any investigations pertaining to the child;
- Liaise as required with the coroner's officer and police family liaison officer;
- Represent the 'voice' of the parents at professional meetings, ensure that their questions are effectively addressed, and to provide feedback to the family afterwards; and
- Signpost to expert bereavement support if required.

All expected and unexpected child deaths are required to have a Child Death Review (CDR) Meeting. This is a multi-agency meeting where all matters relating to an individual child are discussed by professionals directly involved in the care of that child during their life. The CDR Meeting can take many forms such as a Local Case Discussion, Perinatal Mortality Meeting, an NHS Serious Incident Investigation or a Hospital Morbidity and Mortality Meeting and typically, this meeting happens three months or more following the death of a child.

The purpose of the CDR Meeting is to discuss and review the background history, treatment and outcomes of investigations to determine, as far as possible the likely cause of death; to ascertain contributory and modifiable factors across domains specific to the child, the social and physical environment and service delivery; to describe any learning arising from the death and, where appropriate, to identify actions that should be taken by an organisation involved to improve the safety or welfare of children or the Child Death Review process and to review the support provided to the family and to ensure that the family are provided with the outcomes of any investigation into their child's death. The analysis form is drafted within the meeting which is then presented to the CDOP.

Training

The Designated Doctor for Child Death and Child Death Review Officer delivered 4 Child Death Review: Advanced Training for Professionals sessions across North Yorkshire and City of York in 2021/2022 with over 40 delegates attending.

The Child Death Review Officer and North Yorkshire Children's Partnership (NYSCP) Manager continually engage in the NCMD Webinars which are designed to provide detailed updates on the NCMD, discuss emerging issues and obtain information around the latest events in the Child Death Review sector.

Information from these events is shared with North Yorkshire and City of York's Child Death Review Partners on a regular basis.



Child Death Overview Panel

The purpose of the panel is to consider any learning or factors that could prevent future deaths of children. Following the completion of the Child Death Review process and when the cause of the child's death has been determined for both expected and unexpected child deaths, the information relating to the case is anonymised and is taken to the CDOP for discussion and review.

During 2021/2022, the panel has reviewed a total of 29 cases. Of these cases, some occurred in the previous years as cases can take over six months to be brought to panel for review. This can be because the CDOP is awaiting information from agencies, for example post mortem reports or if there is an on-going police investigation, in which case the discussions may be deferred pending the result of the enquiry. It should be noted that a child's death cannot be discussed at panel until all information is received. Of the 38 child deaths that occurred in 2021/2022, 12 have been discussed at panel with the remainder scheduled for 2022/2023.

The CDOP continues to monitor the effect of the Covid 19 pandemic on paediatric mortality locally, this work is also ongoing nationally. The CDOP are careful in ensuring they consider both the potential direct and indirect effects of the pandemic on a child's death when discussing individual cases and feed this up to inform the national picture.

The North Yorkshire and York CDOP was well organised and systematic with good structure and flow of information".

Ahmed Shakir Mohammed, Designated Doctor for Child Death, North Lincolnshire

Modifiable factors

Modifiable factors are defined as 'those, where, if actions could be taken through national or local interventions, the risk of future child deaths could be reduced'. When the panel reviews the death of a child they identify and agree if there are any modifiable factors that may have prevented the death.

Although, it is not usually within the remit of CDOP to take action directly, they ensure that any issues identified, learning points and recommendations are assigned to relevant agencies to enable them to take action as appropriate.

All actions are monitored via an action log until the panel are assured that the necessary action has been completed.



Out of the **29** child deaths reviewed by the panel in 2021/2022, there were 5 cases, **17** % where modifiable factors were identified.

Learning from child deaths

The aggregated findings from all child deaths informs local strategic planning including the joint strategic needs assessment, on how to best safeguard and promote the welfare of children in the area.

What has CDOP achieved in 2021/2022

Sudden Unexpected death in Infancy (SUDI) Prevention

The sudden and unexpected death of an infant is one of the most devastating tragedies that could happen to any family. At least 300 infants still die suddenly and unexpectedly each year in England and Wales. NYSCP and City of York Safeguarding Children Partnerships (CYSCP) identified an increase in the number of infants who have died where unsafe sleep practices were present over recent years, some of which have resulted in multi-agency reviews.

In July 2020, the National Child Safeguarding Practice Review Panel (CSPRP) published a report on "Out of Routine: [A review of sudden unexpected death in infancy \(SUDI\) in families where the children are considered at risk of significant harm](#)". This report identified that these tragic deaths occur more frequently in families that are particularly vulnerable, with many of the risk factors associated with SUDI overlapping with those for child abuse and neglect.

In response, the NYSCP and CYSCP's agreed to adopt a SUDI 'Prevent and Protect Model'. A key aspect of this model is the introduction of this multi-agency SUDI risk minimisation guidance.

A Task and Finish Group was established with multi-agency representation from NYSCP and CYSCP to develop the SUDI 'Prevent and Protect Model' and awareness campaign. The Task and Finish Group established a brand for the model with expert guidance from North Yorkshire County Council Marketing and Customer Communications Team the Task and Finish Group agreed the 'strap line' 'Day or Night, Sleep Right'.



The Task and Finish Group developed multi-agency practice guidance which provides clear research based information on factors which increase the risk of SUDI and practical tips on how practitioners can work together with all families, to adopt safe sleep practice. The practice guidance can be found [here](#).

The Task and Finish Group acknowledged there was a training need across both partnerships to support practitioners to feel both competent and confident when working with families where safe sleep practice may be a concern. The Task and Finish Group developed a range of enhanced training materials which includes power point presentations, a YouTube film and podcast. The Task and Finish Group then agreed a training plan which consisted of both single and multi-agency training with group members committing to take forward training within their own organisation.

Multi-agency training sessions were delivered throughout December 2021 and January 2022 and the single agency training is ongoing.

'This session was really helpful and timely, we are in the process of revising our assessment tools and I'll ensure we include assessment around risks of SUDI'

Substance Misuse Worker

'This has made me think about how we support Women to keep their babies safe when they come into the refuge, they are in a new environment and it's important we help them to follow safe sleep advice'

AS Worker

The NYSCP and CYSCP's promoted the 'Day or Night, Sleep Right' campaign assets on their social media platforms during the Lullaby Trusts national Safe Sleep Week. Work will continue with multi-agency partners to ensure regular messaging are embedded in business as usual to ensure the continued focus of safer sleep.

Next Steps

- Sharing good practice: The Task and Finish Group have received a number of enquiries from colleagues across the region expressing an interest in the campaign. They have shared resources and agreed to offer further support to other partnerships who intend to adopt similar campaigns. The campaign has also been shared with the NCMD as a good exemplar of work.



Suicide Prevention

The Suicide Prevention Task and Finish Group continued to focus upon the priority areas below during 2021/22;

- Work has been undertaken by both North Yorkshire and City of York Public Health teams to identify and explore what available training is offered by partners across the county and city. Within North Yorkshire this has been collated and included in the dedicated [Headfirst Website](#) that NYCC Public Health has commissioned and delivers
- With regards to training in education within North Yorkshire, NYCC have utilised funding from the 'Wellbeing for Education Return Grant' provided by the Department for Education to offer funded training places for school staff to upskill their knowledge around suicide prevention and self-harm behaviours following concerns emerging around these two areas. This has included five 'Assessing Suicide in Kids' (ASK) courses for teachers totalling up to 106 delegates. Feedback from the ASK training has been really positive with some colleagues in school saying they have used some of the tools straight after the training

"The screening tool will help ensure we respond in the best way possible to risk. Having the opportunity to talk to other pastoral staff was really uplifting and I enjoyed hearing about such amazing practice looking after the heads and hearts of our students."

Due to requests from delegates who have attended the ASK suicide prevention training NYCC will be commissioning Applied Suicide Intervention Skills Training (ASSIST) in 2022.

- City of York are working towards dedicated self-harm guidance that will be circulated to schools.
- The North Yorkshire and City of York CCG Designated Nurse has lead a review with North Yorkshire and City of York Local Authority and Health Trusts regarding discharge planning.
- The NYSCP has reviewed the NYSCP Sample School Child Protection Policy and included wording within the social and emotional mental health section around self-harm and around suicide ideation for schools to adopt, this has been sent to every school in the county for consideration.

- NYSCP and CYSCP wrote to all schools, colleges and further education settings outlining the following areas of action that can be taken within their own organisations. The information included the following areas:
 - Set the scene regarding the purpose of the Task and Finish Group
 - Link to the Talk Suicide training and Head First website
 - Links to [NYSCP/CYSCP](#) website pages
 - Draft Wording to link in wider hidden harm
 - Promotion of the [NYSCP Self Harm and Suicide Ideation Pathway](#)
 - Promotion of the Child Death Review: Advanced Training for Professionals
 - Signposting to the NYSCP and CYSCP Child and Family Bereavement Support webpages

- The Zero Suicide Alliance is a partnership of Health Service Trusts, businesses and individuals who are committed to suicide prevention in the United Kingdom and beyond. The Alliance has a free, 20 minute online suicide prevention training programme. The aims of this training are to enable people to identify when someone is presenting with suicidal ideation and behaviours; help them to speak out in a supportive manner; and empower them to signpost the individual to the correct services or support.
- A relaunch of the NYSCP Self Harm and Suicide Ideation Pathway took place including the parent and carers section co-created by parents with lived experience. This resource can be found here: [NYSCP \(safeguardingchildren.co.uk\)](#)
- To promote the work of the Task and Finish Group the NYSCP hosted a themed Managers Masterclass on Suicide Prevention in May 2021 with guest presenter Pat Sowa from Star Fish. To watch the masterclass online visit https://youtu.be/Od1BZMTAI_w

The Task and Finish Group explored opportunities to raise the awareness of Suicide Prevention and have recommended to NYSCP and CYSCP to promote the regional [#TalkSuicide](#) campaign that has been created by the Humber, Coast and Vale Health and Care Partnership. The campaign aims to reduce the stigma around talking about suicide by raising awareness of free suicide prevention training available from the Zero Suicide Alliance.



CDOP Priorities for 2022/2023

Each year the CDOP identifies areas of priority, the following have been identified for 2022 / 2023;

1. The role of the Key Worker

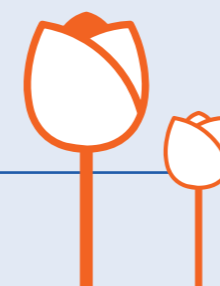
The CDOP plan to explore and develop the role of the Key Worker for North Yorkshire and City of York in the wish to strengthen the offer to families. They intend to do so by using best practice from across the country and seeking views from parents who have sadly lost a child to fully ensure support is in place for the future.

2. What 3 Words App Campaign

The CDOP plan to undertake a piece of multi-agency work with Hull, East Riding, North Lincolnshire and North East Lincolnshire CDOPs to promote the use of the What3Words app via a coordinated communication campaign. The CDOP will drive this work forward to ensure greater awareness of What3Words across our sub regional footprint to help to ensure emergency service get to patients in the most timely of manners, with the ultimate aim to preserve life.

3. Neonatal Twin Deaths Audit

The CDOP have identified an increase locally in twin neonatal deaths notified in 2021-2022. In response to this, they intend to undertake an audit of these cases to establish any emerging themes, patterns or trends. The findings will be shared with the relevant professionals along with any recommendation and actions, if identified.



Child Death Overview Panel (CDOP) Annual Report 2021-2022

Contact details:

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Northallerton
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North Yorkshire County Council

Young People Overview and Scrutiny Committee

2nd September 2022

Work Programme 2022/2023

1.0 Purpose of Report

1.1 This report invites Members to consider the Committee's Work Programme for 2022/2023, taking into account the outcome of discussions on previous Agenda Items and any other developments taking place across the county.

1.2 The Work Programme schedule is enclosed as an Appendix.

2.0 Scheduled Committee dates and Mid-Cycle Briefing dates

2.1 Committee Meetings

- Friday 9th December 2022 at 10.00 a.m.
- Friday 24th February 2023 at 10.00 a.m.

2.2 Mid Cycle Briefing Dates

- Friday 14th October 2022 at 10.00 a.m. (in respect of the Committee meeting on Friday 9th December)
- Friday 27th January 2023 at 10.00 a.m. (in respect of the Committee meeting on Friday 24th February)

3.0 Recommendation

3.1 The Committee is asked to confirm, comment, or add to the areas listed in the Work Programme Schedule.

Report Author: Patrick Duffy, Principal Democratic Services Scrutiny Officer

Contact Details:

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24th August 2022

Background papers relied upon in the preparation of this report – None

YOUNG PEOPLE OVERVIEW AND SCRUTINY COMMITTEE – DRAFT WORK PROGRAMME 2022/2023

SCOPE OF THE COMMITTEE

The interests of young people, including education, care and protection and family support.

PROGRAMME FOR FORMAL COMMITTEE MEETINGS (PLEASE NOTE: ITEMS ARE SUBJECT TO CHANGE)

FRIDAY 9 TH DECEMBER 2022 - COMMITTEE MEETING AT 10.00 A.M.			
ITEM	DRAFT OUTLINE	METHOD	LEAD
Financial position – Children and Young People’s Service	Summary of the financial situation, including drawing to Members attention any particular budgetary pressures	Report	Howard Emmett, Assistant Director, Strategic Resources
North Yorkshire Safeguarding Children Partnership - Annual Report	The Independent Scrutineer, will summarise, reflect on and present her formal assurance on the work of the Partnership between 1 April 2021 and 31 March 2022.	Report and presentation	James Parkes, Partnership Manager /Maggie Atkinson, Independent Scrutineer
Adoptions – Annual Report of One Adoption, North and Humber	<p>Will include data on matters such as the number of:-</p> <ul style="list-style-type: none"> - adoptive families approved; - children placed; - children awaiting adoption; and - children placed under early permanence arrangements (Early permanence is where children in care are placed directly with a family that foster them, with a view to adoption - if Court agreement is given) <p>Members will be able to compare performance against previous years and see whether the positive trends previously reported to them in terms of, for example, the number of children placed under early permanence arrangements, have continued</p>	Report and presentation	To be confirmed

FRIDAY 24TH FEBRUARY 2023 - COMMITTEE MEETING AT 10.00 A.M.

Annual Update from the Young People's Champion	The work of the Young People's Champion during the past year	Report	County Councillor Alyson Baker
Schools Update	The current picture, in terms of figures for all North Yorkshire County Council Schools and Academies, including: <ul style="list-style-type: none"> - Performance and standards - Funding - Strategic planning 	Report/Presentation	Amanda Newbold, Assistant Director, Education and Skills

ITEMS FOR MID CYCLE BRIEFINGS

DATE	POTENTIAL ITEM
Friday 14 th October 2022 at 10.00 a.m. (in respect of the Committee meeting on 9 th December)	County Lines Briefing Other Items to be determined
Friday 27 th January 2023 at 10.00 a.m. (in respect of the Committee meeting on 24 th February)	Substance Misuse – Briefing Discussion with Members of North Yorkshire Standing Advisory Council on Religious Education Other Items to be determined

MATTERS THAT MEMBERS SUGGESTED AT THE MEETING ON 24TH JUNE – CURRENTLY UNALLOCATED, IN TERMS OF A DATE

- The County's development of academies
- Youth provision outside of schools
- Consideration of the impact of inflationary pressures on school budgets. For example, the quality of school dinners – particularly in the most deprived areas. (This could include Scrutiny of Health Committee.)

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